Our goal to continue to serve you in a way that keeps you healthy and safe.

COVID EARLY TREATMENT

PHYSICIANS EARLY TREATMENT PROTOCOL

1. Protocol for Healthcare personnel and frontline essential workers only.

2. Treatment must be administrated under the supervision of a physician. Do not self-medicate!

3. It is very important that the treatment is started as early as possible. Do not wait until severe symptoms appear.

Please contact for more information: www.ceticov19.org
STOP THE SPREAD AND START TREATING!

- Wash your hands often for at least 20 seconds each time, don’t touch your face, cover your cough.

- COVID PATIENTS TO MAINTAIN SELF ISOLATION
  Any person showing signs of Covid-19 must isolate as per NHS guidance.

- MAKE SURE YOUR PATIENTS DO NOT HAVE UNDERLYING HEALTH CONDITIONS AS TREATMENT MAY HAVE TO BE ADAPTED FURTHER.

www.ceticov19.org
KNOWN MEDICATIONS

1. Visit our website to access known publications about Covid and histamine.
2. Click on "Collaborate" to share information.
3. Share this guidelines with other Health Professionals to help as many patients as possible.

Returning to basic medical principles which have been available for decades.

For inquiries, or refer to the FAQ page on www.ceticov19.org
Coronavirus symptoms

THE FOLLOWING SYMPTOMS MAY APPEAR 2-14 DAYS AFTER EXPOSURE.

- Fever
- Loss of smell and taste
- Nausea / Diarrhea
- Headache
- Continuous Cough
- Shortness of breath and fatigue
- Chills

These symptoms are usually mild and begin gradually.

Speak to your GP for early treatment if you develop symptoms, have been in close contact with a person known to have Covid-19 or live in an area with an on-going spread.
Proposal for antihistamine treatment for covid 19

note: this document is intended for healthcare professionals only - Patients without an element of gravity, allowing outpatient care
(paraclinical examinations, if any, are not addressed here)

Management Protocol I

<72 hours Symptoms
patients with no known allergy
Cetirizine 10mg(001) for 21 days
And if
Aged 65> Vitamine D 50 000ui
Single take

Improvement within 72H

yes
Continue treatment

no

Management Protocol II

>72 hours Symptoms
patients with allergy
Ebastine 10 (101) for 21 days
And
Montelukast 10 (100) for 7 days
And
Aged 65> Vitamin D 50.000ui
Single take

Improvement within 72H

yes
Continue treatment

Ebastine 10 (101) for 21 days and
Montelukast 10 (100) for 7 days and
Enoxaparine 0.4 1Sub-Q/24H from district nurse
And
Prednisolone 10mg/kg single take for 4 days
+- oxygen therapy
+- antibiotic therapy if there is a sign of secondary bronchopulmonary infection
(macrolide or amoxicillin - clavulanic acid)

no

Patients with associated cormorbidities
Ebastine 10 (101) for 21 days
And
Montelukast 10 (100) for 7 days
And
Enoxaparine 0.4 1Sub-Q/24H from district nurse
And
If aged 65> Vitamin D 50.000ui single take

Improvement within 72H

yes
Continue treatment

no

prolonged form of covid: (therefore with absence of initial care) start management scheme – Predominant cephalalgia form: add celecoxib 200 (010) for 5 days - Predominant Dyspnea form: add or maintain Montelukast 10 (100) for 14 days
Asymptomatic Patients: Cetirizine 10 (001) for 21 days – Note: Implementation of ISO coagulation to be discussed on a case-by-case basis, including patients without cormorbidities. +/- prophylactic environment: Cetirizine 10 (001) for 14 days.
You must consult first with medical professionals as this booklet is intended for health care providers so they can consider providing you with this treatment protocol from onset of the symptoms.